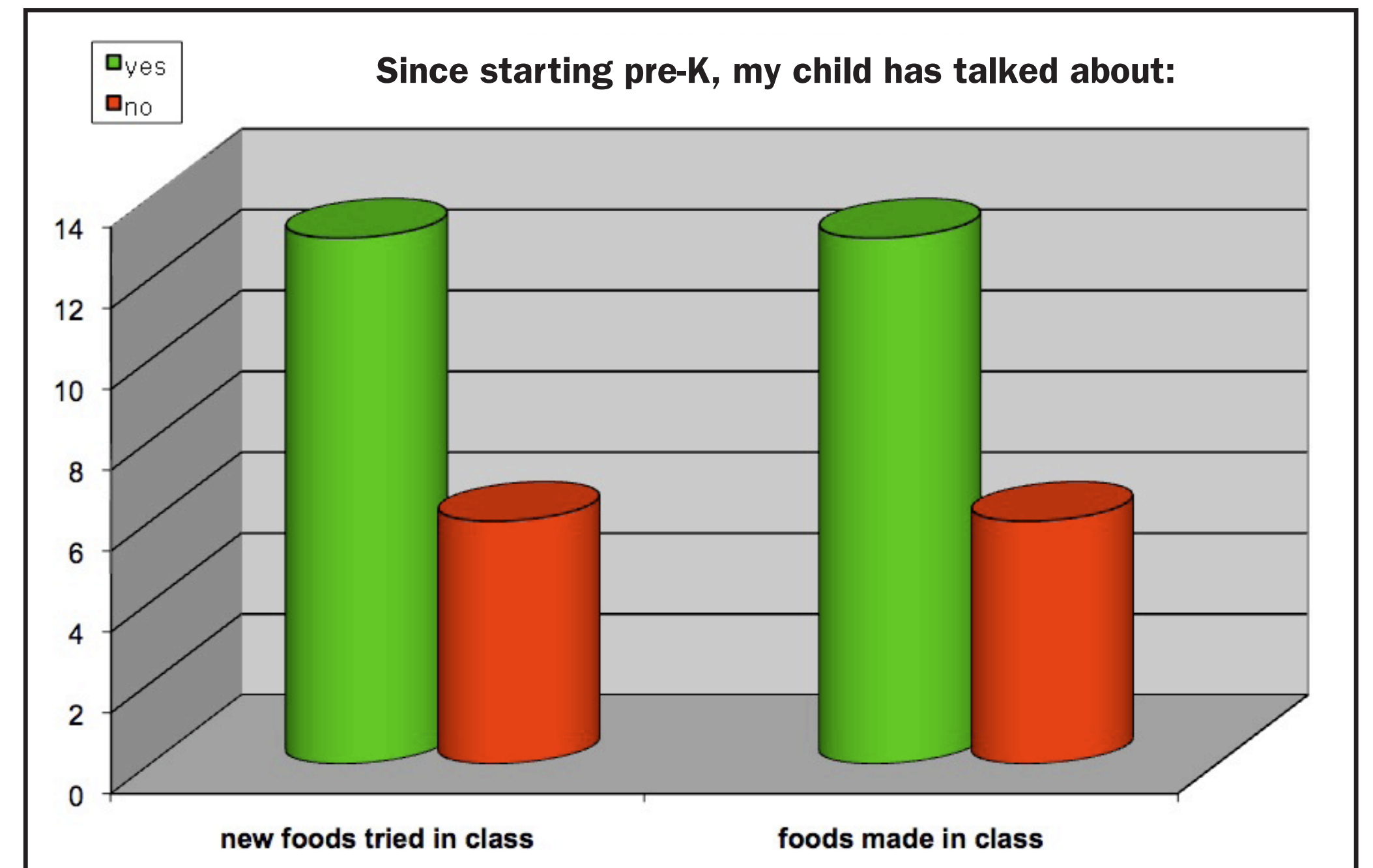
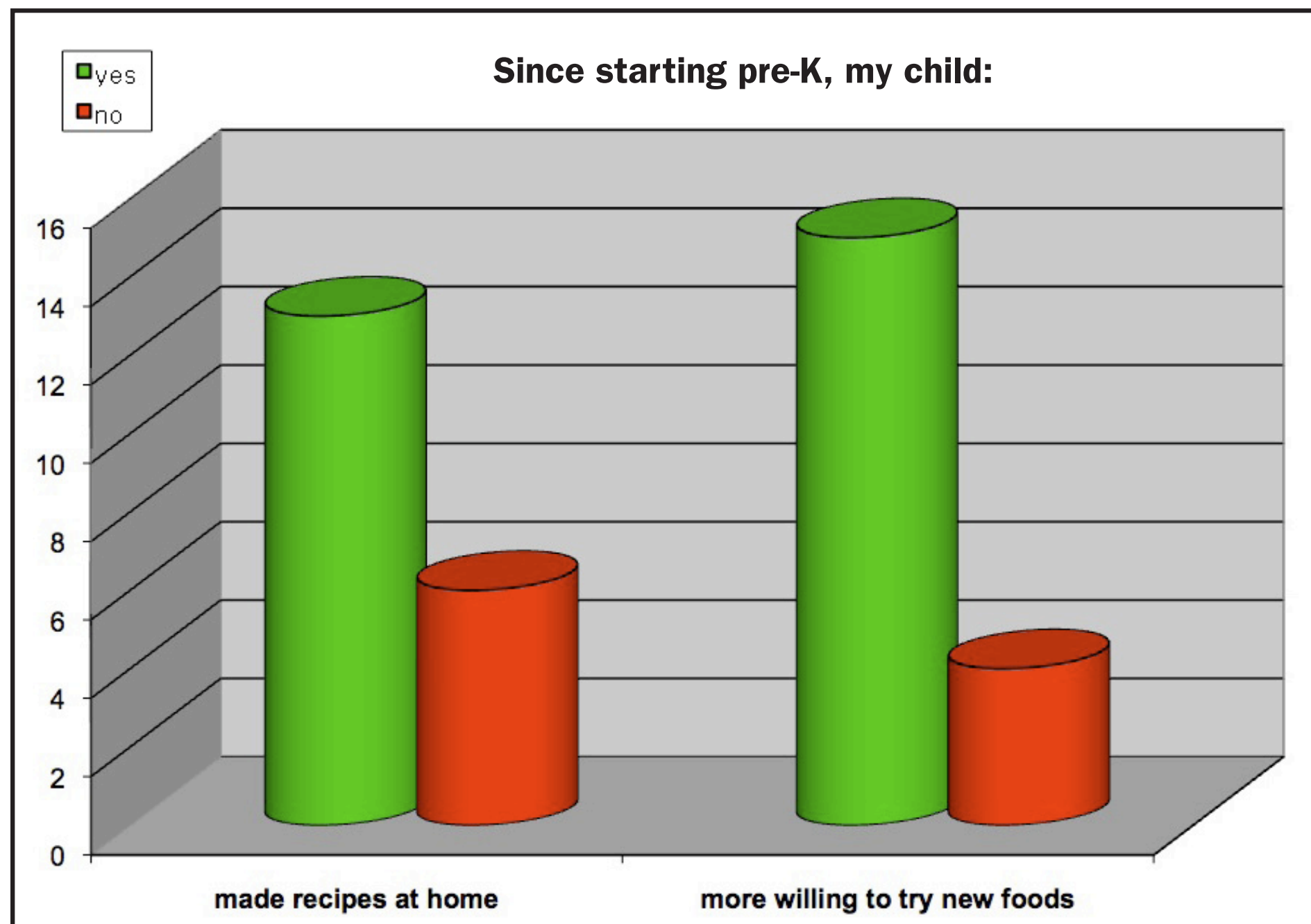


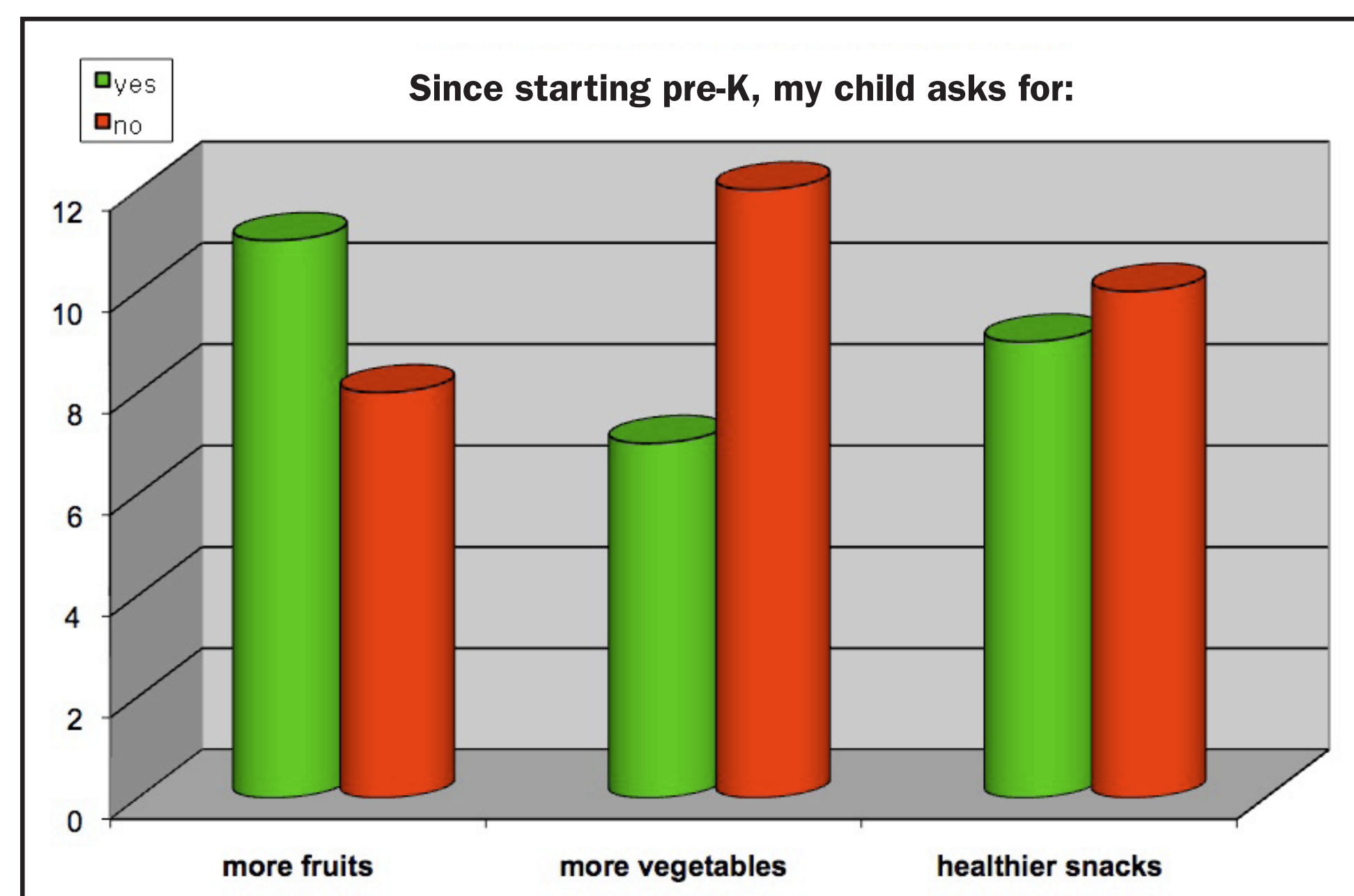
# Teach Children, Reach Parents

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Parents and pre-K students participated in monthly nutrition education classes. Lessons were taught separately to the adults, who then joined the students in the classroom for a hands-on nutrition activity, supplemented with a related group activity. Materials, including recipes that the students had taste-tested, were sent home. Parents reported that students' nutrition choices and attitudes largely improved, as shown below.



\* All data represents self-reported responses obtained through informal, voluntary surveys of parents of pre-K students at the end of the school year.



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